



HYGIENE Policy and Procedure

Policy Statement

The goal of our Children's Centre's hygiene program is to maintain an environment that minimises illness and infection. Educators are responsible for and required to maintain stringent hygiene procedures and demonstrate positive role modelling for children.

Educators will:

- maintain cleanliness of the resources and equipment during the day
- clean tables immediately before and after eating or when curriculum activities are based around food
- Sweep under food tables after eating times and when needed
- encourage children to dispose of rubbish in the appropriate bins provided
- clean the nappy change mat after each nappy change
- wash hands before/after and wear gloves when handling food or use utensils
- wear gloves when changing a nappy and dispose of them immediately after use
- use a clean disposable wipe for cleaning a child's face and hands.

HAND WASHING

Strict requirements are followed when washing hands. Educators will use soap and running water when washing their hands.

To prevent the spread of illness the washing of educator's and children's hands is thorough and will occur:

- after assisting a child at the toilet
- after changing a child's nappy
- after wiping noses
- after cleaning up blood / faeces / urine / vomit
- after handling sick children
- before preparing food
- before eating and drinking
- whenever necessary, at the staff's discretion.

Children are supported to wash their hands:

- after using the toilet
- before eating
- after blowing their nose
- After mouthing fingers
- whenever necessary, at the staff's discretion
- after a nappy change
- after sensory play
- before and after touching animals (i.e.; from the Nature Ed centre)

CREATED: 2012 (Version 6)

TO BE REVIEWED:

This policy should not be read in isolation – it complements the DfE Dealing with Infectious Diseases and has been developed with the following:



REFERENCE:

Education and Care Services National Regulations: regulation (77)

**National Quality Standards / Elements (2.1.3, 2.1.4,
2.2.1)**

Staying Healthy in Childcare: Current edition

COVID safe measures and requirements (www.education.sa.gov.au)