

# John Hartley School Newsletter



John Hartley  
School

Week 2, Term 2, 2023

Dear Families,

I know I say this often, but our staff and students are incredibly resilient and adaptable in the face of difficult times!

I am seeing this everyday as I walk through the school – our B6 classes are looking at home in their new spaces but there are also so many other ripples of movement and disruption from the loss of Building 6 – Choir has relocated to B10, Ms Kosmidis & Ms Kayla's classes in shared spaces, Ms Lauren and Ms McGovern team teaching in one classroom space, Ms Smith sharing with OSHC, our science, PE and health staff have lost their rooms and we now have a 'mini library' in the staff room! None of this is ideal of course but everyone is doing all they can to make it work and I thank them so much!

**Rebuild update** – The removal of Building 6 will now begin in week 3 – there may be opportunities for our students to see some of the large equipment from a safe distance. We are working with the highest levels in the department to have transportable classrooms placed on the courts for our Reception and year 2 classes – we are hopeful this is not too far away!

The **Governing Council Mother's Day stall** was very popular again this year- thanks to GC members and staff for their work.

**Following up a grievance/complaint/concern:** A reminder to all families – in our efforts to have a school culture that is positive and welcoming grievances **must** be followed up with school staff – please do not approach other families or children, do not spread gossip or rumours and never use aggressive tones within the school environment.

**Seesaw and facebook** are great ways to communicate with staff with questions about your children's learning, school events and teacher plans etc it is **not to be used to air complaints** – staff will not respond to posts that are rude, demanding, or aggressive. If you have a concern – please come and see us!

**A couple of special reminders:**

**Next Volunteer Induction session** – are you interested in volunteering at the school? Pick up a register of interest form from the front office. Our next session is Friday 26<sup>th</sup> May (week 4) 9.15-10.30

**Pupil Free Day** – Tuesday 13<sup>th</sup> June (Week 7) – Staff will be working on our Positive Behaviour for Learning (PBL) priority.

Jo



## Important Dates Term 2

**Volunteer Induction**  
Friday 26<sup>th</sup> May Wk 4  
9:15-1030am

**Governing Council Meetings**  
Thurs 25<sup>th</sup> May Wk 4  
Thurs 22<sup>nd</sup> June Wk 8

**Winter Carnival**  
Fri 26<sup>th</sup> May Wk 4

**Public Holiday**  
Mon 12<sup>th</sup> June Wk 7

**Pupil Free Day**  
Tues 13<sup>th</sup> June Wk 7

**Our important dates are now on our JHS website 😊**

RESPECT

TRUST

EXCELLENCE

199 Peachey Road, Smithfield Plains SA 5114  
Phone: 8209 1800 Fax: 8209 1850  
dl.1901\_info@schools.sa.edu.au

Principal: Ms. Jo Everett  
Deputy Principal: Ms. Dinah Huddy

# JHS CHILDREN'S CENTRE



At John Hartley Children's Centre, we run an integrated Speech and Language program within the Kindy on Mondays and Wednesdays. Stacey (Teacher) and Jacqui (Speech Pathologist) work with a group of children enrolled within this program to support their growth and development of targeted speech sounds and language skills. Jacqui also works within the school, so you may know who she is! We are often out for short walks within the school, including visiting the library to borrow books or exploring the garden areas and the playground. We love to explore books about animals, engage in cooking experiences and use natural resources such as leaves and sticks to create garden stews in our play.



You may have seen us walking around as we build familiarity within the school environment. We often stop at the alphabet snake or the number turtle for a short play as we think about the letters and numbers that we know and like.



Stacey



Jacqui



# RECYCLE, EARN & PLAY



**Our school\* is taking part in the Wonder Recycling Rewards campaign this term.**



Boxes located in the  
Front Office & Childrens Centre

Help us collect bread bags so we can earn points to redeem on new RHSports equipment.

It's simple! All you need to do is keep your empty bread bags and send them to school\* with your kids! We will then place them in Wonder's pink collection box and post them off to be recycled. The more we collect the more points our school\* earns!

**Collections close 7th July.**

**Tip for collecting:**

Use one empty bread bag to collect a bunch of other bags.

**Did you know?**

Last year, schools collected over **10 tonnes of soft plastic**, that's the weight of an elephant!

**LET'S GET COLLECTING!**

\* Includes early learning centres and pre-schools.



Tag [@wonder.australia](#) [#wonderrecyclingrewards](#) to share all your recycling champion stories!



**Bread bags should be as free from crumbs as they can be to keep the recycling process free from contamination (there is no need to wash them)**

# TERM 2 2023

The Playford Wellbeing Hub offers a range of programs and services to support community physical, social and mental health and wellbeing.  
For more information contact JMC on 8480 0100 or email [jmc@playford.sa.gov.au](mailto:jmc@playford.sa.gov.au)

John McVeity Centre ~ 182 Peachey Road, Smithfield Plains  
The Precinct ~ 112 Coventry Road, Smithfield Plains



PLAYFORD  
**WELLBEING  
HUB**

All programs will operate during Term 2 dates 1st May to 7th July unless otherwise stated

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>FREE</b> Community Garden Catch Up</p> <p>9.30am-11.30am</p> <p>All community welcome Contact Nat on 82560372 for more info</p> <p>THE PRECINCT</p>	<p><b>FREE</b> Maggie Moo Playgroup</p> <p>9.30am-10.30am</p> <p>Interactive music and singing session to develop memory, language while having fun! Bookings via Eventbrite</p> <p>JOHN MCVEITY CENTRE</p>	<p>Gardening to Attract Butterflies</p> <p>9.30am-11.30am <u>WORKSHOP 10TH MAY</u></p> <p>Learn the how &amp; why of attracting local native butterflies to your garden. Book via Eventbrite</p> <p>THE PRECINCT</p>	<p>Fit &amp; Fab</p> <p>9.30am-10.30am</p> <p>Low impact group fitness session for adults to help improve strength, core &amp; balance. \$8 per session &amp; no booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p>Play Gym</p> <p>9.30am-10.30am</p> <p>For ages 6mths to 6yrs A parent supervised play session for pre-schoolers. Cost per session/per family Call 8480 0100 for more info</p> <p>JOHN MCVEITY CENTRE</p>
<p>Up &amp; Go Fitness with Sue</p> <p>9.30am-10.30am</p> <p>A group fitness session focused on wellbeing, socialising &amp; being active. \$8 per session - no booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p>Fit &amp; Fab</p> <p>9.30am-10.30am</p> <p>Low impact group fitness session for adults to help improve strength, core &amp; balance. \$8 per session &amp; no booking required</p> <p>JOHN MCVEITY CENTRE</p>	<p>Just Kicks Taekwondo</p> <p>5pm-5.40pm (4-7yrs) 5.50pm-6.50pm (8-14yr) 7pm-8pm (15+ years) <a href="mailto:justkickstkd@hotmail.com.au">justkickstkd@hotmail.com.au</a> Fees apply.</p> <p>JOHN MCVEITY CENTRE</p>	<p><b>FREE</b> Tree Tots</p> <p>10.30am-11.30am</p> <p>Storytime in the garden! Reading and nature play presented by Playford library for kids aged 2 to 5 years. Register via Eventbrite</p> <p>THE PRECINCT</p>	<p><b>FREE</b> Community Garden Catch Up</p> <p>9.30am-11.30am</p> <p>All community welcome Contact Nat on 82560372 for more info</p> <p>THE PRECINCT</p>
<p>Anglicare Kids Club</p> <p>3pm-4.30pm</p> <p>Kids can get support with homework, make new friends and do fun activities! Contact Mel 0409755973 or Leonie 0407977351</p> <p>THE PRECINCT</p>	<p>Anglicare Natter &amp; Network</p> <p>9.30am-11.30am</p> <p>A group for parents to link in with services, meet new people, guest speakers. Children welcome. Contact Mel 0409755973</p> <p>JOHN MCVEITY CENTRE</p>	<p>Senior Social Futsal (16+)</p> <p>Register your team now!</p>  <p>REGISTER YOUR INTEREST</p> <p>JOHN MCVEITY CENTRE</p>	<p>Immunisation Clinic</p> <p>3pm-7pm</p> <p>Appointments via VaxApp <a href="http://playford.book.vaxapp.com.au">playford.book.vaxapp.com.au</a> or call 8256 0333 for info</p> <p>JOHN MCVEITY CENTRE</p>	<p>Up &amp; Go Fitness with Sue</p> <p>9.30am-10.30am</p> <p>A group fitness session focused on wellbeing, socialising &amp; being active. \$8 per session - no booking required</p> <p>JOHN MCVEITY CENTRE</p>
<p>Queenstown Gymnastics Club</p> <p>5pm-9pm</p> <p>Weekly training sessions. Fees apply <a href="mailto:queenstowntrampolinegymnastics@gmail.com">queenstowntrampolinegymnastics@gmail.com</a></p> <p>JOHN MCVEITY CENTRE</p>	<p>Church Basketball SA</p> <p>Juniors 4.15pm-6.30pm Seniors 6.30pm-9pm</p> <p>Basketball Competition Fees apply <a href="http://sachurchbasketball.com.au">sachurchbasketball.com.au</a></p> <p>JOHN MCVEITY CENTRE</p>	<p>All bookings on Eventbrite open 2-3 weeks prior to programs starting</p> <p><a href="http://playfordwellbeinghub.eventbrite.com.au">playfordwellbeinghub.eventbrite.com.au</a></p> 	<p>Cirkidz Satellite</p> <p>4pm-6pm</p> <p>To book call 83465735 Circus Skills &amp; Parkour Two sessions available either 4pm or 5pm. For ages 5-12yrs Fees apply.</p> <p>JOHN MCVEITY CENTRE</p>	<p>Youth Hub Fridays</p> <p>4pm-6pm</p> <p>MAY 5 JUNE 2</p> <p>A MONTHLY youth hang out to play a variety of sports! Ages 12-17 only No booking required</p> <p>JOHN MCVEITY CENTRE</p>
<p>Just Kicks Taekwondo</p> <p>5pm-5.40pm (4-7yrs) 5.50pm-6.50pm (8-14yr) 7pm-8pm (15+ years) <a href="mailto:justkickstkd@hotmail.com.au">justkickstkd@hotmail.com.au</a> Fees apply.</p> <p>JOHN MCVEITY CENTRE</p>	<p>Fair Dinkum Yoga</p> <p>7pm-8pm</p> <p>Adults only, fees apply <a href="mailto:yogafairdinkum@gmail.com">yogafairdinkum@gmail.com</a></p> <p>THE PRECINCT</p>	<p><b>FOR HIRE</b></p> <p>Function Rooms (JMC) Sports Courts (JMC) Meeting Rooms (Precinct)</p> <p>Call 8480 0100 for more info</p>	<p>Special Olympics Basketball</p> <p>5pm-7pm</p> <p>A sport &amp; health session for children &amp; adults with intellectual disabilities &amp; autism. Fees apply. Book here: <a href="http://bit.ly/41HuHxC">bit.ly/41HuHxC</a></p> <p>JOHN MCVEITY CENTRE</p>	<p>After School Movin &amp; Groovin</p> <p>4pm-4.45pm</p> <p>MAY 5 JUNE 2</p> <p>12TH MAY TO 16TH JUNE Come n try dance and fitness program—Zumba, boxercise, hip hop, bootcamp &amp; more! Bookings &amp; fees apply.</p> <p>JOHN MCVEITY CENTRE</p>
<p>Women's Social Netball (16+)</p> <p>6.30pm-9.30pm</p>  <p>REGISTER YOUR INTEREST</p> <p>JOHN MCVEITY CENTRE</p>	<p>SATURDAY</p> <p>Queenstown Gymnastics Club</p> <p>9am-1pm</p> <p>Weekly training sessions. Fees apply</p> <p>JOHN MCVEITY CENTRE</p>	<p>SUNDAY</p> <p>Mercy Ministry of Nations Church</p> <p>12.30pm-3.30pm</p> <p>For more info 0478584291</p> <p>JOHN MCVEITY CENTRE</p>	<p>Faith Alive Centre Church</p> <p>1.30pm-4pm</p> <p>For more info 0451623207</p> <p>JOHN MCVEITY CENTRE</p>	<p>Queenstown Gymnastics Club</p> <p>5pm-9pm</p> <p>Weekly training sessions. Fees apply <a href="mailto:queenstowntrampolinegymnastics@gmail.com">queenstowntrampolinegymnastics@gmail.com</a></p> <p>JOHN MCVEITY CENTRE</p>

# TERM 2 WORKSHOPS AND EVENTS AT THE WELLBEING HUB



**AFTER SCHOOL CRAFT PARTY!  
IS BACK!**

TUESDAYS & WEDNESDAYS AT THE PRECINCT  
FROM 4PM-5.30PM  
BOOKINGS VIA EVENTBRITE

**KIMCHI & SAUERKRAUT  
WITH KYM**

Kym from Adelaide Hills Kitchen Farm talks us through kimchi!

Friday 26th May from 10am-1pm

Cost \$5 • bookings via Eventbrite



THE PRECINCT  
WELLBEING HUB

THE PRECINCT WELLBEING HUB

**GROWING GINGER  
WITH MALCOLM**

COME ALONG HEAR MALCOLM OF LIGAYA GARDEN TALK ABOUT HOW HE GROWS GINGER

MONDAY 15TH MAY 10-11AM  
AT THE PRECINCT  
FREE - BOOKINGS VIA EVENTBRITE



**FUN FREE OUTDOOR  
FITNESS CAMPS**

NO JOINING FEE, NO CLASS FEE, IT'S ALL FREE!



Regular exercise and good nutrition can help build a happy life

CLASSES START AT 5.30PM DAILY - EACH SESSION RUNS FOR 45MIN

Mon	Tue	Wed	Thurs	Fri
X-TRAINING	BOXING	X-TRAINING	YOGA	BOXING

AT JOHN MCVEITY CENTRE  
REGISTER AT [LIVELIFEGETACTIVE.COM](http://LIVELIFEGETACTIVE.COM)

*Scrapbooking & Papercraft Class*

MEMORY CRAFTING WITH JULIE



25TH MAY & 29TH JUNE | 6 - 10PM  
0408 088 631 TO BOOK

THE PRECINCT WELLBEING HUB

**LEARN TO KNIT A BEANIE!**

with DEAR PRAIRIE

Sat 3rd June 2023  
10am - 1pm  
Cost \$5

AT THE JMC—SESSION IS FOR ADULTS  
BOOKINGS VIA EVENTBRITE




**Regular Opening Hours:**  
Mon—Fri 9.30am to 4.30pm

**After Hours Pick Up:**  
Order your Easy Meal online and pick up at John McVeity Centre!

112 Coventry Road  
Smithfield Plains  
Phone: 8254 3641

*Providing low cost meals packs and essential grocery items and open to all of the community. The Precinct Café is located within the Healthy Food Co & is open for lunch Monday to Friday.*



This is a joint project between  
the City of Playford and Wellbeing SA.



## Become a member and SAVE!

You can choose to become a member of Healthy Food Co for just \$10 and receive reward points every time you shop.

The \$10 membership fee can be paid up-front or

Pay with your points as you earn them (an initial card fee \$2 applies).

Members receive a 5c reward point for each \$1 spent in store to use for future store purchases.\*

\*Points cannot be paid out in cash  
\*Points expire at the end of each year on our last trading day in December.



## Visit us at Healthy Food Co.

### Smithfield Plains

The Precinct  
112 Couentry Road,  
Smithfield Plains SA 5114  
Monday - Friday  
9.00 a.m. - 4.30 p.m.  
Phone 8254 3641

### Elizabeth Downs

Elizabeth Downs Shopping Centre  
Shop 5, 26 Hamblynn Road,  
Elizabeth Downs SA 5113  
Monday - Friday  
9.30 a.m. - 3.30 p.m.  
Phone 8287 4299

### John McVeity Centre

182 Peachey Road,  
Smithfield Plains SA 5114  
\*After Hours Easy Meal Order collection only\*

[playford.sa.gov.au/healthyfoodco](http://playford.sa.gov.au/healthyfoodco)



Find us on  
**Facebook**

# HEALTHY FOOD CO.

# HEALTHY FOOD CO.

A great place to shop with a wide range of grocery items, shopping and meal ideas to suit all budgets.

## What is Healthy Food Co?

At the Healthy Food Co, our aim is to provide nutritional food products and grocery items at affordable prices.

We want to make the healthy choice the easy choice and we are open to everyone.

By sourcing local, seasonal produce and buying in bulk, we provide cost effective, nutritious food and meal choices and general groceries. Our pre-packaged food and goods come in quantities to suit one person or a whole family.

## Healthy Food Co has just made cooking dinner easy!

Starting from just \$4.50, the Easy Meals serve 4 people. The pre-packaged meal kit includes a recipe card and all of the ingredients including meat and vegetables.

Our friendly staff and volunteers are on hand to assist you with information and purchases.

## We have energy and snack packs too.

Starting from \$2.00 snack packs are a quick, healthy option for school, home or work.



## Snack Packs

Great for lunch boxes and only \$2.00



**Energy Pack**  
\$2.50



Visit us at Healthy Food Co.

### Smithfield Plains

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Smithfield Plains SA 5114  
Monday - Friday  
9.00 a.m. - 4.30 p.m.  
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\*After Hours Easy Meal Order collection only\*

[playford.sa.gov.au/healthyfoodco](http://playford.sa.gov.au/healthyfoodco)



Find us on  
**Facebook**

**HEALTHY  
FOOD** CO.

# Easy Meals

By Healthy Food Co.

Prices as of January 2023

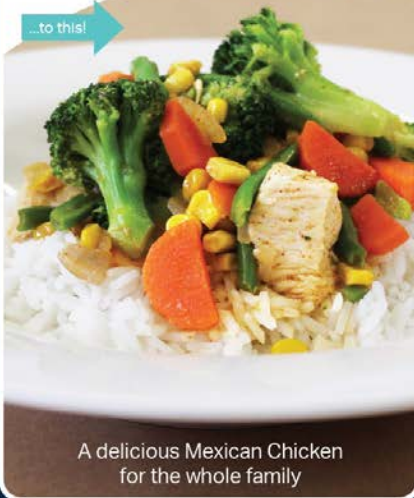
**HEALTHY  
FOOD** CO.

## Easy Meals

Each Easy Meal kit serves 4 people and includes the recipe and all ingredients needed to make the meal!



...to this!



\*Every Easy Meal kit serves 4

### Beef

Curried Sausages	10.50	👉
Beef Casserole	12.50	👍
Beef Curry	12.50	👍
Chilli Con Carne	12.50	👍
Chow Mein	12.50	👍
Mexican Beef	12.50	👍
Savoury Mince	12.50	👉
Beef Stir Fry	13.50	👍
Cottage Pie	13.50	👍
Pasta Bolognese	13.50	👍

### Chicken

Chicken Noodle Soup	6.00	👉
Chicken Curry	10.50	👍
Creamy Chicken Pasta	10.50	👉
Italian Chicken	10.50	👍
Mexican Chicken	10.50	👍
Apricot Chicken	11.50	👍
Chicken Stir Fry	11.50	👍
Sweet and Sour Chicken	12.50	👍

Beef Stir Fry



### Pork & Bacon

Tomato Macaroni	6.50	👉
Sweet and Sour Pork	14.50	👍

### Vegetarian

Pumpkin Soup	4.50	👍
Vegetable Curry	5.50	👍
Fried Rice	6.00	👍
Minestrone Soup	6.00	👍
Cheesy Rice Slice	6.50	👍
Roasted Pumpkin Couscous	7.00	👍
Quiche	8.00	👍

### Fish

Tuna Patties	8.00	👉
Tuna Bake	10.00	👉
Tuna Mornay	10.00	👉

### Flour

Fluffy Pancakes	2.00	👉
Simple Scones	2.00	👉

👍 = Eat Most    👉 = Eat Moderately



Prices as of January 2023



Centacare

# DAD'S BUSINESS

Dads Business is a judgement free space for dads and fathers to attend and receive support.

**Term 2, 29th April 2023 — Friday 5th July 2023.**






Dads Business

Shop 7a Elizabeth Rise Shopping Centre | 26  
Hamblynn Rd, Elizabeth Downs

Dads and Fatherhood worker Alexander Vlahos

If you have any questions or queries or you are seeking information about a service, contact Alexander Vlahos ph. 8228 8958 email: [avlahos@centacare.org.au](mailto:avlahos@centacare.org.au)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Dads Time</u></b></p> <p>One on One sessions with a Dads and Fatherhood worker, providing support and guidance around fathering topics, programs and navigating the child protection system.</p> <p>Available between 9:30am to 12:30pm.</p> <p>To make an appointment please contact 8228 8958</p>	<p><b><u>Seahorse Program</u></b></p> <p>Six-week prenatal and postnatal skills for dads with children from 0-12 months.</p> <p>Commences 16/05/2023 from 9:30am-10:30am.</p> <p><b><u>Circle of Security Program</u></b></p> <p>Commences 16/05/2023 from 11:00am — 12:30pm.</p> <p>Contact 8228 8958 to book.</p>	<p><b><u>Dads and Fathers Social Group</u></b></p> <p>Drop in and catch up with other dads to chat about life.</p> <p>Commences 17/05/2023 from 11:00am-1:00pm</p> 		<p>Dads Business is closed on Thursday and Friday.</p>
<p><b><u>Circle of Security Program</u></b></p> <p>Are you a father wanting to understand your child's behaviour?</p> <p>Come along and attend this free eight-week course and learn how to:</p> <ul style="list-style-type: none"> <li>Help your child organise their feelings</li> <li>Enjoy a more fulfilling relationship with your child</li> </ul> <p>Commences 15/05/2023 from 1:00pm—2:30pm. Contact 8228 8958 to book.</p>  <p><b>Circle of Security</b> INTERNATIONAL Early Intervention Program for Parents &amp; Children</p>	<p><b><u>Dads Plus Program</u></b></p> <p>Six-week program to enhance fathers parenting and selfcare skills.</p> <p>Program aimed for dads with children aged between 1 and 12 years of age.</p> <p>Commences 16/05/2023 from 1:00pm — 2:30pm.</p> <p>Contact 8228 8958 to book.</p> 	<p><b><u>Bringing up Great Kids</u></b></p> <p>Six-week parenting program designed to support and strengthen your parenting skills.</p> <p>Commences 17/05/2023 from 2:00pm -4:00pm</p> 		<p><b>ANGLICARE SA</b> playford communities for children</p> <p>Funded by the Australian Government Department of Social Services. Visit <a href="http://www.dss.gov.au">www.dss.gov.au</a> for more information.</p>