

John Hartley School Newsletter



John Hartley
School

Week 6, Term 1, 2023

Last week we held the 2022 AGM for Governing Council. Reports were presented describing the highlights and achievements of the school and community last year. Despite the tricky start to the year (Covid!), the year was filled with wonderful learning, successful events including fundraising and some significant facilities development at the school. We heard about the children's Centre work and the growth of the OSHC program from the Happy Haven staff.



A group of parents attended the meeting and were enthusiastically elected as our new Governing Council parent reps for 2023. The council will be:

- Theresa Woods
- Lyn Williams
- Katherine Henry
- Lauren Wood
- Jodie Annells
- Shauntelle Van Roosmalen
- Deb Wilson (Business Manager)
- Mel bird (staff rep)
- TBA (staff rep)
- Angela Ricciadi (Children's Centre)
- Dinah Huddy (Deputy Principal)
- Jo Everett (Principal)



Important Dates

Term 1

10/03

Year 6 Aquatics
Excursion

13/03

Public Holiday

14/03

Pupil Free Day

14/04

Sports Day and End of
Term & early
dismissal.
2pm

Hats for Term 1
are
compulsory. 😊

Wide Brim Hat

Bucket Hat



RESPECT

TRUST

EXCELLENCE

199 Peachey Road, Smithfield Plains SA 5114
Phone: 8209 1800 Fax: 8209 1850
dl.1901_info@schools.sa.edu.au

Principal: Ms. Jo Everett
Deputy Principal: Ms. Dinah Huddy

Getting to know our staff!

This week we meet Kerrie Gower. Kerrie is our Pedagogy Leader in Early Years.

Kerrie Gower

Do you like or dislike surprises? Why or why not?

I love surprises!! I especially love planning surprises for my loved ones. I once planned a big surprise birthday for my mum's 60th where we were all picked up by a fancy car, whisked off to a lovely dinner and when we returned, my extended family were all waiting ready to say, "Happy Birthday". I loved watching my mum's reaction and knowing that I made her day that little bit more special.



If you could go back in time, what year would you travel to?

This is a tough question...I love reading books that are set in the early 1900's and learning about all the courageous people that lived through such a difficult period of war and famine. My nanna was born in the 1920's and is 93! Her stories are so amazing and full of different adventures and although I would love to see that part of history, I'm not sure if I would like to stay permanently in that era (I love my creature comforts too much).

What's your favourite family tradition?

Christmas is a special time in my house, and with two young children, we have many traditions that we like to do. We like to put the Christmas tree up together and have freshly baked gingerbread ready for snacking with Christmas music playing in the background. We like to do a lot of Christmas baking, ranging from Christmas cakes, Christmas cookies and to even attempting to make our own Christmas fruit mince pies. We love going to the Adelaide Christmas Pageant too and have only missed one year! I was lucky enough to be a princess on the Star DustCastle in the 2021 Christmas Pageant and got to meet all the favourite pageant characters!

Is there anything you wished would come back in fashion?

Most people who know me, know that I love my bright bold colours. My favourite colours to wear are strawberry pink and emerald green. I love that fashion goes around in circles, claw clips are back in which I love, (easy for those bad hair days) and how good are white street shoes, (they go with everything). Bring back hyper colour t-shirts, they were so fun!

What celebrity would you like to meet at starbucks for a cup of coffee?

If we were in Australia, it would have to be Gina Riley, Jane Turner and Magda Szubanski from Kath and Kim, (they crack me up). If we were in America, then I'd have to say Adam Sandler, I love having a good laugh, great for the soul!

Who knows you best?

It would have to be my husband. He always knows when to put the kettle on!



Lilly Pillies

We have Lilly Pilly bushes growing at John Hartley School near Building 6.



New Program Starting: Pom Pom YA!

Pom Pom Youth Arts (YA) Hub is a new program designed with and for teenagers 10-17yrs to provide them with a safe, inclusive space to learn new visual arts skills under the guidance and mentorship of professional artists.

The FREE program is like our much loved Pom Pom program that provides visual arts workshops to children (up to 12 years old). Many of the children who attended Pom Pom and turned 13, told us how much they missed the program and wished for a teen visual art space to keep learning in. We're proud to offer Pom Pom YA Hub with our program partner City of Playford.

When: Tuesdays, 4pm – 5:30pm from 7th February

Where: Davoren Park Shopping Centre, 45 Peachey Road, Davoren Park

Cost: Free



Can you eat Lilly Pilly fruits? Yes you can!

There are around 60 species of Lilly Pilly in Australia, and the fruits from all of them are edible.

*The fruits of the Creek Lilly Pilly (*Syzygium australe*) are particularly tasty.*

The fruits can be eaten fresh from the tree, or used to make jams, cordials and sauces. Gardening Australia, ABC Television

Lilly Pillies have high levels of vitamin C, vitamin E, magnesium and potassium.

The Lilly Pilly features widely in traditional Aboriginal medicine, used as a treatment for sore ears, wounds and skin conditions, and generally consumed as an immune system booster. The Secret Lives of Native Australian Edible Plants, www.tuckerbush.com.au



Wellbeing



MIGHTY MINDS

WHAT IS IT ABOUT?

Mighty Minds aims to nurture relationships between caregivers and their young children. We help you to build secure, loving relationships and provide assistance to overcome relationship challenges. We listen to the needs of each family, assess and work collaboratively to meet individual family's needs.

WHO FOR?

Has your child had challenging or difficult childhood experiences? Do they struggle to regulate their emotions? Would you like to learn how to respond to their needs effectively in a safe and supportive environment? Mighty Minds is a FREE service available to families who live in Davoren Park, Andrews Farm, Elizabeth North or Smithfield and who have a child aged 0-4 in child care.



HOW?



A referral can be made via your childcare centre. Or, you can refer yourself via the form on our website or by telephoning our office. Referrals can also be made by external services or supports.

AND WHERE?

Mighty Minds aims to meet the needs of the family and therefore can be adapted to suit you. Appointments can take place within the family home, external services, or located at NACYS office in Davoren Park

COST



Might Minds is a FREE service

ABOUT US



NACYS is a not for profit, community based organisation, located in Davoren Park SA. NACYS staff have a commitment to providing support, listening to our community and advocating for them in all that we do.

Oldford St, Davoren Park, SA
www.nacys.asn.au
PH: 8252 2474



Funded by the Australian Government Department of Social Services. Visit www.dss.gov.au for more information.

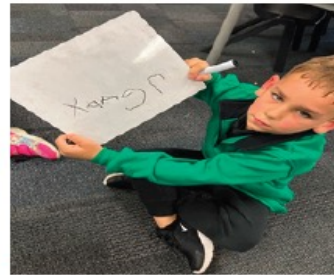
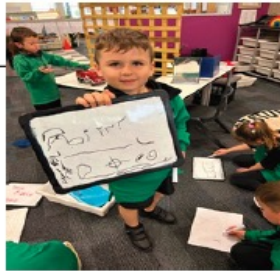
ROOM 6.4

Miss Keyes

MORNING ROUTINES

We have all settled in well into our new school routines. Each morning we greet our classmates in our morning circle. This has been helping us learn our classmates' names.

We have also been working hard to recognise and write our names.



WELCOME TO 6.3 RECEPTIONS

CLASSROOM NEWS

BY MISS KAHLIN

In Reception we have been working on recognising 2D shapes by their properties. We are learning that circles have 1 round side with no corners, triangles have 3 sides and 3 corners, squares have 4 equal sides and 4 corners, and rectangles have 2 long sides, 2 short sides and 4 corners. To consolidate this learning we have been doing shape sorts, designing shape monsters and making shape pizzas. This tasks have also helped us practice our fine motor skills of cutting and gluing.



What's happening in the UP

Reception

- Reception students have just finished an Articulation program called KidLips. Students practiced saying sounds whilst holding mirrors noticing what their mouths looked like, what their tongues, teeth and lips were doing and where they could hear the sound the most.



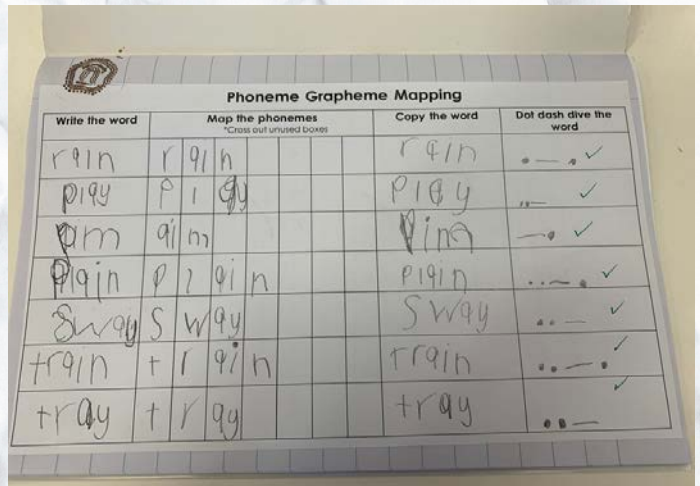
Year 1

- The Year ones have been working on ICT agreements. Each child has gone through expectations when using an I-Pad and then signed a contract. Please keep an eye out on SeeSaw for all the updates on when your child will get their I-Pad licence!



Year 2

- In Year 2 our students are learning how to map words by hearing the sounds in a word. They practice this skill daily to help them become fabulous readers!





Information Technology

11.1 & 11.2

This year, we took a productive step forward in implementing our 3 year IT Renewal Strategy. This would see IT upgraded in all year levels for students to access the correct digital devices for their appropriate use. The first step in this process was ensuring that our year 5/6s had the relevant devices and skills to be able to enter high school with digital tech knowledge. In classrooms 11.1 & 11.2, students have been exploring the use of 1:1 devices and all of the programs available to access and extend their curriculum learning. Classrooms were fitted with a touch screen clever board that talks to the laptops and this has seen increased engagement, learning opportunities and enjoyment throughout the classes.

SPORT



John Hartley School

WELCOME TO THE WORLD OF SPORTS!!

Term 1 holds an array of opportunities for students to be involved in

*Tim Rosenberg
Health and PE*



~~TECHNOLOGY~~

We have started the term with 4 'FREE' ~~TECHNOLOGY~~ Weeks of Cricket Clinics for the year 2-6 girls. Registration and participation is 'FREE' as is the merchandise when you register online (Personalised Cricket bat and T-Shirt). Opportunities to explore and find hidden talents and interest in the sport are a bonus for all of the students involved.

Girls 'Crows Cup Challenge' is an opportunity for girls in Years 5 and 6 that has opened up again in 2023. Trainings are currently underway for any students that wish to participate and try out for the '9 a Side Team' that will represent the school in Week 9, 26th of March.

Selections for 'District Athletics' are also underway. Years 4-6 are competing for a position in a number of 'Track and Field' events to be held in Week 10, 6th of April. The event will be held at the 'Munno Para Little Athletics', where students will compete against the best athletes in the District.

Sports Day is also approaching fast, with preparations underway to select this year's captains and prepare another fun filled day of laughs, competition and excitement. Anticipation is looming amongst the students as they bond together and support their peers, to be and do their best.

Excellence and comradery is our goal..... but adding some fun and laughter adds some

BADMINTON SA

JUNIOR & SOCIAL PROGRAM

Venue: John McVeity Centre

2023

REGISTRATION \$10 (EACH SESSION)

Junior Development

- U12: 4-5 PM
- U17: 5-6 PM
- 9th, 16th, 23rd, 30th of March

Social Event

- 9.30- 11.30 AM
- 11th, 18th, 25th of March & 1st of April
- People of all levels and ages are Welcome

Registration / Enquiry
sabaparticipation@gmail.com



HARMONY WEEK

Celebrating Australia's Cultural Diversity

MONDAY 20 - FRIDAY 24 MARCH 2023

JOHN HARTLEY CANTEEN

MONDAY LET'S CELEBRATE ITALIAN CULTURE

Spaghetti & Meatballs \$5.00

TUESDAY LET'S CELEBRATE AUSTRALIAN CULTURE

Vegetable Scroll or Traditional Lamination \$3.50

WEDNESDAY LETS CELEBRATE INDIAN CULTURE

Curry & Rice \$5.00

THURSDAY LET'S CELEBRATE VIETNAMESE CULTURE

Pork & Chive Dumplings \$5.00

FRIDAY LET'S CELEBRATE MEXICAN CULTURE

Beef Nachos, cheese & sour cream \$5.00



healthyminds[™]
for healthy kids

Parenting Workshops

Learn parenting strategies from expert psychologists.



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for healthy kids

Parenting Workshops

Learn parenting strategies from expert psychologists.

You're invited to these unmissable **free** parent events!

The Parenting Success Formula (Transition to School) - 15th March 2023 | 10am - 11am

Healthy Sleep Routines for Kids - 22nd March 2023 | 10am - 11am

Helping Children Cope with Divorce & Separation - 29th March 2023 | 10am - 11am

How to Have a Healthy Mind (For Parents) - 5th April 2023 | 10am - 11am

Understanding & Overcoming Anxiety in Kids - 12th April 2023 | 10am - 11am

Each workshop is a 45-minute presentation plus 15 minutes for Q&A.

Venue

Playford Uniting Church
232 Curtis Road (Cnr Douglas Drive),
Munno Para SA 5115

How to book

To book, please visit:
<https://www.trybooking.com/CGFYB>



Meet your facilitators



Dr Tom Nehmy
Clinical Psychologist



Dr Neralie Cain
Clinical Psychologist



Dr Kaitlin Harkess
Clinical Psychologist



Jacinta Durrand
Clinical Psychologist

Questions & further information

Leanne at Healthy Minds | 0457 999 706 | leanne@healthymindsprogram.com

An event for adults. Children under 12 months welcome. Registration forms are available via our booking system or at the school reception. Please submit prior to or on arrival - if you are attending more than one of the five sessions, only one registration form is needed.

ANGLICARE SA
playford
communities for
children

Funded by the Australian Government Department of Social Services. Visit www.dss.gov.au for more information.

You're invited to these unmissable **free** parent events!

The Parenting Success Formula (Transition to School) - 9th February | 5-6pm

How to Have a Healthy Mind (For Parents) - 23rd February | 5-6pm

Healthy Sleep Routines for Kids - 9th March | 5-6pm

Helping Children Cope with Divorce & Separation - 23rd March | 5-6pm

Understanding & Overcoming Anxiety in Kids - 6th April | 5-6pm

Each workshop is a 45-minute presentation plus 15 minutes for Q&A.

Venue

Riverbanks College B-12
1 Harvest Boulevard, Angle Vale

How to book

To book, please visit:
<https://www.trybooking.com/CFBIF>



Meet your facilitators



Dr Tom Nehmy
Clinical Psychologist



Dr Neralie Cain
Clinical Psychologist



Dr Kaitlin Harkess
Clinical Psychologist



Jacinta Durrand
Clinical Psychologist

Questions & further information

Riverbanks College | 8286 2900 | dl.1913.info@schools.sa.edu.au

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Mindful March 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



1 Set an intention to live with awareness and kindness

2 Notice three things you find beautiful in the outside world

3 Start today by appreciating your body and that you're alive

4 Notice how you speak to yourself and choose to use kind words

5 Bring to mind people you care about and send love to them

6 If you find yourself rushing, make an effort to slow down

7 Take three calm breaths at regular intervals during your day

8 Eat mindfully. Appreciate the taste, texture and smell of your food

9 Take a full breath in and out before you reply to others

10 Get outside and notice how the weather feels on your face

11 Stay fully present while drinking your cup of tea or coffee

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together