

John Hartley School Canteen Menu

2016 Term 1

1st Break Specials

Monday

Garlic Bread	2.00
Soy Chicken Wings	2.40
Sweet Chilli Chicken Wrap	3.00

Tuesday

Chicken Goujons (6)	2.70
Wholemeal Toasties	3.60
Wedges S Cream Sw Ch Sce	2.80

Wednesday

Potato Gems	2.80
Fruit Toast	1.60
Hot Ham & Cheese Roll	3.50

Thursday

Lasagna	2.60
Chicken Nuggets	2.50
Ham Cheese Tomato Toastie	3.80

Friday

Pasta of the Day	3.20
Chick, Cheese & Mayo Roll	2.20
Garlic Bread	2.00

Drinks

Mt Franklin Water 600ml	3.20
Pump Water 400ml	2.90

Juice Boxes	2.00
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Flavoured Milk 375ml	3.40
Plain Milk 375ml	2.40
Up & Go 250ml	3.50

2nd Break Specials

Monday

Wholemeal Chicken Burger	4.00
Yiros	4.00
Dim Sims	3.00

Tuesday

Pizza & Garlic Bread	3.60
Spaghetti Bolognaise	3.00
Hot Dog	3.40

Wednesday

Curry & Rice	3.20
Calamari & Wedges	4.20
Nachos	2.20/ 3.40

Thursday

Sweet & Sour Chicken	4.00
Cheeseburger	4.00
Hot Dog	3.30

Friday

Roast Meat Roll	3.50
Baked Fish & Wedges	2.50/ 4.20
Pizza Muffin & Fruit Box	3.40

Sometimes Treats

Popcorn	2.00
Cake Slice	2.50
Jelly Cup	1.50
Choc Mousse	1.60
Chocolate Muffins	2.50
Cookies	2.50
Quelch	0.80
Ice Cream Square	1.00
Icy Pole	1.80
Lifesaver	2.00
Milo Scoop	2.60
Fandangles	1.60

Healthy Choices

Everyday

Salads/ Snacks

Fruit fresh	1.20
Cheese & Crackers	2.60
Fruit Salad	3.00
Reduced Fat Yoghurt	2.20
Chicken Salad	3.90
Ham Salad	3.90

Garden Salad	3.40
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Sandwiches

Vegemite	2.60
Cheese	3.00
Ham & Cheese	3.50
Ham, Cheese, Tomato	3.80
Chicken Lettuce & Mayo	4.00
Chicken Cheese Lettuce	4.00

Rolls/ Wraps/ Baguettes

Sw Chilli Chicken Lettuce	4.80
Roast Beef Cheese Mustarc	4.80
Ham Salad	4.50
Chicken Mayo Salad	4.80

Everyday Hot Selection

Wholemeal Garlic Bread	2.00
Raisin Toast	2.40
Ham Cheese Toastie	3.60
Cheese Toastie	3.20
Steamed Dim Sims (3)	2.30
Wedges	2.80

* Green Choices eat everyday

* Other choices eat occassionally